#### Workshop Title:

Regeneration of Mountain Agriculture: Future Solution for Sustainable Food System

## Main Organizer & Contact Person:

## • Main Organizer:

Sujata Tamang, Alliance of Agriculture for Food1 Secretariat, ForestAction Nepal www.forestaction.org

# Steering Committee Members:

- Uddav Adhikari (Coordinator)
- Krishna P. Paudel
- Teeka Bhattarai
- Sail Shrestha
- Santosh Shrestha
- Rita Bastakoti
- Meena Gurung
- Sujata Tamang (Member Secretary)

## Main Topic:

- 1. Introduction to regenerative agriculture and its relevance to mountain farming.
- 2. Challenges faced by mountain agriculture, including soil degradation, biodiversity loss, and climate change.
- 3. Agroecological solutions, with case studies demonstrating success in mountain regions.
- 4. Role of indigenous knowledge and community involvement in sustainable agriculture.
- 5. Climate change resilience through agroecological approaches.
- 6. Policy frameworks and supportive measures for promoting sustainable farming in mountain regions.

#### Targeted Public:

The workshop targets a diverse audience, including farmers, agricultural practitioners, policymakers, researchers, I/NGOs, and community members involved in mountain agriculture.

# Main Objectives of the Workshop:

This workshop aims to highlight the role of regenerative agriculture in addressing the unique challenges faced by mountain regions in achieving sustainable food systems. With a focus on agroecology and mountain agriculture, the event explores innovative solutions to issues such as soil, water, and biodiversity degradation. Case studies will be presented to illustrate the benefits of regenerative agroecological approaches. The workshop contributes to the broader discourse on organic farming by emphasizing local knowledge, biodiversity conservation, and community empowerment in building resilient food systems in challenging terrains.

# Language:

English/Mandarin

# Maximum Participants:

50-80 participants